

## **Book Reviews**

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## Reviewed by Anne B. for Readers Favorite

"Love Promised: A Future Life Revealed" focuses on reincarnation and spirit communication. The author offers two reasons for writing this book: the first is for documentation and to put it in a time capsule; the second is to reach out to others that have had similar experiences. She continues to explain that many Eastern philosophies readily accept the idea of reincarnation. Adams experienced her first out of body experience when she was eleven years old. In 2000 she began noticing repetitive numbers and she pondered whether they held a message from the angel. When she met Russell they quickly bonded together as though it was always meant to be. She and Russell used an Ouija Board on several occasions before his death and she continued using it to communicate with him after his death. Kent attended a Psychic Pathway in 2004 where the focus was on "Trust your vibes." In December Russell lost his life in a car accident. Russell wasted no time letting her know he was close to her. He asked her to prepare a time capsule adding this book along with photographs and a family tree. Russell continues speaking with her and sharing information about his "new" home and "field" trips to see the Ark of the Covenant and other artifacts. Adam and Russell held many conversations where she asked questions that have long plagued many people. Among the topics were Atlantis, aliens, and the Mayan calendar. My favorite part of the book was the "predictions" toward the end. Most of the predictions had to do with the year 2012. Russell warned to keep cash on hand. Electronics would be down 29 days. There are many other items concerning 2012 discussed in this book.

I wasn't sure what to expect when I decided to read "Love Promised"...I came away with a lot of questions and some strong opinions...the text is interesting and eye opening.